

MESSENGER

A Newsletter of Prince of Peace Lutheran Church & Preschool

“WORSHIP ❖❖❖ CONNECT ❖❖❖ SERVE”

July 2019

Everyone Has a Song to Sing

This is my tenth full summer in Arizona and over the past decade I've learned important life lessons, including:

- The best parking places are determined by shade instead of distance.
- Bridges are not necessarily associated with water.
- Asphalt has a liquid state.

The best thing about the summers at Prince of Peace is the ability to dream of new ministry possibilities and to spend time in prayer seeking God's next steps for us. This is an incredible gift.

The term "Christian ministry" is redundant, because a Christian is by definition one who is in ministry. And we Lutherans may talk about the Priesthood of All Believers and the idea that each person has spiritual gifts, but we sometimes talk out of both sides of our mouths.

For a long time now, we have been in this mode of leaving ministry up to the professionals. We've also had this idea that ministry is something done inside the four walls of the church. If you believe those two things, I have a wonderful bridge to sell you. Most of the ministry that you'll ever do or experience in your life takes place outside the church because we spend 95 percent of our time away from church and most of the people in serious need of ministry spend 100 percent of their time away from church.

For many people, our greatest opportunities for ministry may come as a part of our jobs. You might think of your job as the daily activity where you spend the most time. For many, it is your career. You have a ministry as an educator or an engineer or a lab technician or a childcare worker. For some, your job is as a student and your greatest opportunities for ministry will be in classrooms and football games. Your job may be as a home-maker and your greatest opportunities for ministry are in the minivan or the living room. If you are retired, your job may be traveler or gardener or golfer or neighbor and in those arenas you have a ministry.

Think about what you do each day — at work, at home, in the community, in civic groups and professional organizations, on the golf course, in the neighborhood, at church, wherever you may be. If a person in those situations acted honestly and kindly and helpfully, would it make a difference? If a person in those settings was a person of faith, a person of prayer, a person of integrity, someone who genuinely was concerned for others, would it make a difference? If there was someone in that setting that others could depend on, a person whom, if you had a problem you could talk to them about, would it make a difference?

I'm guessing the answer is yes. And your calling, your ministry, is to be that person.

There was a man named Ludwig Lipmann. Ludwig was stricken with cancer. One day in his oncologist's waiting room (one of the sadder places on earth), Ludwig looked around at other patients who obviously were facing what he was facing. All at once he lifted his head and began to sing quietly. The lady next to him paused for a moment, smiled, and then began to hum the tune of his song. A little girl and her mother soon did the same, then an elderly black man who had just come into the room also took up the song.

The nurse, trained in the rules of silence in a doctor's office, walked over to quiet Ludwig, but by this time everyone was singing or humming. The doctor, hearing the noise, came in to see what had happened. Ludwig sang to him, directly from the Book of Psalms: "I will lift up my eyes to the mountains from where will come my help. My help comes from the Lord, Creator of Heaven and Earth." The doctor crossed the room, sat down, and sang along with his patients.

You are in ministry wherever you go. You can make your corner of the world a different place for Jesus Christ. I invite you to remember that when your head pops off the pillow tomorrow morning. In God's kingdom, everyone has a song to sing.

Peace,

Pastor Rick

Servant Outreach Ministry

I am Paula Sturgeon and I am so delighted to have returned to the Prince of Peace family. My faith truly took flight within this community and so it feels right to be back and fully involved. In addition to leading the Women's Tuesday morning M&M Bible Study, I am focusing on the vitality of our Servant Outreach Ministry. In May we gathered water for the Respite Ministry of our brothers and sisters at Grace Lutheran Church. We will continue to receive and deliver water to Grace throughout the summer.

Let me share with you some of the upcoming opportunities to extend support to other ministries:



▼ July — Personal Care Items for Homeless and Transitioning Veterans

Items must be FULL SIZED. We will pack items into gallon-size zip-lock bags. The bags and the list of items to place in them are available in the narthex. This is a wonderful way to thank those who help us keep the liberty celebrated on July 4th.

▼ August — Lunches For Learning

A ministry of education for the poorest children of Honduras. Details to come shortly. As well, back-to-school always brings the need for school supplies. When shopping for your own children, please consider adding additional items for other children. We will share our collection with the children of Vista del Camino.

Mary and Martha Bible Study

We are taking the summer off from our regular study group. Instead, we are doing a book study using different books which give us a look at faith through the lens of others. All are encouraged to attend, whether you have or have not read the book.

July 9 *The Shack* by William P. Young. One man's storytelling featuring unique characterizations of God (Father, Son, and Holy Spirit).

August 13 *The Faith Club* by Rayna Idliby. The true story of three women (a Muslim, a Jew and a Christian) who come together in post-9/11 New York City to understand and grow from the different faiths.

Our gatherings feature delightful conversation, fresh coffee and a buffet of M&Ms! Join us at 9:30 a.m. in the Conference Room.

Prayers for Healing July 7 & 14

"O Lord my God, I cried to you for help, and you have healed me." Psalm 30:2.

Whatever you are dealing with, prayer can help. The simple act of turning your worry and pain over to God is wonderfully powerful. You are invited to the holy experience of healing prayer. Join us at the altar directly following worship and your pastors will pray with you about anything on your mind. God has so much to offer!

THE MESSENGER is printed monthly for the purpose of informing members and friends of upcoming events, for sharing good news about our members and for sharing the Gospel of the Lord Jesus Christ through word and action.

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Please see the website for individual staff e-mail addresses.



Grand Canyon Synod Assembly

The Grand Canyon Synod Assembly was held June 15 & 16, 2019 at Love of Christ Lutheran Church, Mesa. Bishop Deborah Hutterer and the Synod Council unveiled a new mission/vision statement for the Synod and our work together. Pastor Rick and the Prince of Peace Church Council look forward to immersing themselves in these beautiful words and bringing them to bear on the life of our congregation.

Vision: Communities together in Christ serving the world.

Mission: Communicate the love of Christ.
Connect diverse people.
Create new ways of outreach.

Core values: Grounded in grace of Christ, we encourage, empower, and equip our communities to:

- proclaim Jesus from Lutheran teachings;
- nurture passionate inclusivity;
- live out radical hospitality;
- work for justice and mercy, and
- cultivate faith-filled relationships with all ages.

Sunday Worship

Worship Schedule

Worship, 9:30 a.m.

July 7

4th Sunday after Pentecost

Galatians 6:7-16

Luke 10:1-11

“Rules for the Road”

Pastor Rick, preaching

July 14

5th Sunday after Pentecost

Colossians 1:1-14

Luke 10:25-37

“What Makes Christianity Unique?”

Pastor Paul, preaching

July 21

6th Sunday after Pentecost

Colossians 1:15-28

Luke 10:38-42

“Life Can Be Very Distracting”

Pastor Rick, preaching

July 28

7th Sunday after Pentecost

Colossians 2:6-19

Luke 11:1-13

“Prayer 101”

Pastor Rick, preaching

Travel Opportunity

There are a few spaces available for an exciting trip to Eastern Europe that will be highlighted by attendance at the Passion Play in Oberammergau, Germany. This is a once-a-decade event and you surely want to be a participant. The trip is May 25, 2020 – June 2020. Please contact Pastor Paul (602.740.7187) for complete information.

BG's Gathering

BG's will be getting together to celebrate Independence Day on Thursday, July 4 at Jana Peterson's home. (See Jana or Pastor Paul for the address.) We will gather at 6 p.m.; all are requested to bring a snack to share along with beverages. Jana's house has a deck area for viewing fireworks. Come and enjoy celebrating the 4th with your friends from church.

Compassion Central

POP's Visitation and Care Ministry

All of us have been given gifts, by God, for the well-being of the Body of Christ. I invite you to take an inventory of the gifts that you have been given. Are you one who enjoys visiting others? If you are being called by God to share your care-giving gift, please let Pastor Paul know. If you have need of care, please contact Pastor Paul (602.740.7187) or the church office (480.945.9537) to let us know.



Pastor Rick's Open Office Hours

Thursdays,
July 11 and 18,
10 a.m.-noon

Stop by for a bottle of water and relaxed conversation about anything under the sun. If you want to come by another time, please contact Pastor Rick to make an appointment (pastorrick@popphoenix.org) or call the church office.

Summer Hiatus

Theology Pub and Wednesday Bible Study are taking the summer off and will resume in September 2019.



ELCA Presiding Bishop, Faith Leaders Issue Statement on Children in Detention

CHICAGO – The Rev. Elizabeth A. Eaton, presiding bishop of the Evangelical Lutheran Church in America (ELCA), has convened ELCA ecumenical and inter-religious partners in a statement addressing concerns over the well-being of children who cross the U.S. border seeking safety from danger and threats in their home countries.

The statement follows:

"For the Lord your God is God of gods ... who executes justice for the orphan and the widow, and who loves the strangers, providing them food and clothing. You shall also love the stranger..." (Deuteronomy 10:17-19).

"Do not let the hatred of people prevent you from being just. Be just ..." (Qur'an 5:8).

Children coming to our nation for safety and protection are dying at our southern border while in U.S. detention. As U.S. religious leaders representing diverse faith perspectives, we are united in our concern for the well-being of vulnerable migrants who cross our borders fleeing from danger and threats to their lives.

A year ago we spoke out against the separation of families. Now we come together again to express our collective outrage and pain over the tragic loss of precious children, made in the image of the Divine. Carlos, a 16-year-old from Guatemala, died May 20 in the custody of the Department of Homeland Security (DHS) Customs and Border Protection (CBP). Wilmer, a 2-year-old, died May 14, also in the custody of CBP. They were preceded in death by Jackelin, Felipe, Juan and a 10-year-old girl from El Salvador whose death in September 2018 has just been disclosed. We remember them before God, pray for their grieving families to be comforted and commit ourselves to work for the humane treatment of all who present themselves for asylum at our border.

Our houses of worship and agencies have welcomed, engaged and served many migrant families that have recently arrived in the U.S. These migrants have left their communities to provide safety for their children and protect them from harm. Sadly, as a nation we have denied them safety, instead placing them in detention facilities, sometimes

long after the mandated 72-hour limit. Many detention centers are overcrowded and lack sanitation, further elevating the risk of serious health issues for migrants already stressed and weakened by their journeys.

We believe our nation and its leaders have both the moral and legal responsibility on behalf of those who seek safety in our land. The U.S. has an international legal obligation to do so by virtue of having acceded to the 1967 Protocol Relating to the Status of Refugees and, therefore, must implement those duties in good faith. It also has an obligation to do so under its own domestic law, and executive orders should not attempt to set aside these legal responsibilities. The duty not to return a person to a state where they may face torture or other serious harms is absolute under the U.N. Convention Against Torture, which the U.S. has signed and ratified.

We urge the Administration to maintain its commitment to international law and defend human rights by implementing safeguards to ensure the safety and health of all of those seeking protection in our land, especially those children who fall under our care.

The Rev. Eddy Alemán
General Secretary
Reformed Church in America

Mr. Azhar Azeez
Director, Fund Development
Islamic Relief USA

His Eminence Archbishop Vicken Aykazian
Diocesan Legate and Director of the Ecumenical Office
Diocese of the Armenian Church of America

Senior Bishop George E. Battle, Jr.
Presiding Prelate, Piedmont Episcopal District
African Methodist Episcopal Zion Church

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President, Council of Bishops
The United Methodist Church

The Most Rev. Michael B. Curry
Presiding Bishop and Primate
The Episcopal Church

The Rev. Dr. John C. Dorhauer
General Minister & President
United Church of Christ

The Rev. Elizabeth A. Eaton
Presiding Bishop
Evangelical Lutheran Church in America
The Most Rev. Glen Guyton
Executive Director
Mennonite Church USA

The Rev. Teresa Hord Owens
General Minister and President
Christian Church (Disciples of Christ)

Rabbi Rick Jacobs
President
Union for Reform Judaism

Bishop Teresa Jefferson-Snorton
President
Churches Uniting in Christ

Mr. Anwar Khan
President
Islamic Relief USA

The Rev. Carlos Malav
Executive Director
Christian Churches Together

The Rev. Dr. Betsy Miller
President, Provincial Elders' Conference
Moravian Church Northern Province

The Rev. Dr. J. Herbert Nelson, II
Stated Clerk
General Assembly of Presbyterian Church (U.S.A.)

Rabbi Hara Person
Chief Executive
Central Conference of American Rabbis

Rabbi Jonah Pesner
Director
Religious Action Center of Reform Judaism

Bishop Lawrence Reddick III
Presiding Bishop, The Eighth Episcopal District

Christian Methodist Episcopal Church
Bishop Frank Madison Reid III
Bishop, Ecumenical & Urban Affairs
African Methodist Episcopal Church

Dr. Sayyid Syeed
President
Islamic Society of North America

The Rev. Phil Tom
Executive Director
International Council of Community Churches

Mr. Jim Winkler
General Secretary & President
National Council of the Churches of Christ in the USA,

Children, Youth and Family NEWS!

The goal of Prince of Peace's Children, Youth and Family Ministry is to create space for Christ to work in the lives of all youth and their families. The space we focus on is faith formation, community building and service.

Amazing Week at RockNWater!

Twenty youth and four adults spent a week in Northern California camping along the American River and exploring God's creation through adventures, campfires, worship, community and more! Here are a few pictures from the week!



ChiLL (Church Is Living Love)

Every Sunday, 9-9:25 a.m., for donuts, highs and lows and prayer — in the office conference room. (NO ChiLL July 7 or 21).

Upcoming Milestones

Blessing of the Backpacks – August 11

Keep Up on POP Ministry

Instagram is popphoenix; Facebook is popphoenixaz. Or e-mail acox@popphoenix.org to be added to the list for Youth and Family Updates!

Taking Faith Home

Each Sunday there is a Taking Faith Home insert in the bulletin to take home with you. If you aren't in church, download it on our website! www.popphoenix.org/children-youth/parents-and-family



Preschool & POPIT News

Summer Camp

Summer Camp at Preschool has kicked off with a bang. We had some great weeks of singing, playing and learning.



POPIT

POPIT (Prince of Peace Infant and Toddler) Program opened on June 3. We have enjoyed getting to know our new families, infants and toddlers. The toddler room is learning how to use spoons, hold crayons, and started to learn how to paint. Our infants are learning how to crawl, walk, smile and sleep.



Prayers for Campformation

Special prayers are requested for all the youth and adults attending Lutheran Campformation July 6-12 at Camp Pinerock in Prescott!

Ben Ayala	Nicole Hilden
Lilly Belfany	Jacob Lara (Counselor)
Hailey Cox	Jordan Lara (Counselor)
Hayden Cox	Susan Robinson,
Audrey Cox	Pastor Rick
Merran Garmon	Lana Welch-Rowland
Kennedy Hammer	Kevin Wooden (Counselor)

These students will join a total of nearly 200 other campers, counselors and adult leaders for a week of adventure and faith formation at camp!

Make a Difference during the 2019-2020 School Year!

This year's ministry calendar is being finalized and I am looking for volunteers willing to SPEND TIME with youth this year! Ministry's impact is only as wide as the amount of adults involved ... we NEED YOU! Please let me know if you are interested in helping in some way this year! Once a month, visiting ChILL on Sunday mornings, or even helping at a retreat.

What are the qualifications for helping with youth?

- Be Yourself; • Be Kind and Affirming; • Make Time for Them

Thank you for your prayerful consideration. I look forward to an awesome group of adults spending quality time with our young people this year!

Thank you, Audrey

ICM Wish List

Food – Think Protein!

Canned Tuna & Meat
Peanut Butter & Jelly
Spaghetti Sauce & Pasta
Rice & Whole Grain Cereals
Canned Fruit & Applesauce
Low-sodium Vegetables
Oatmeal
Macaroni & Cheese
Beans – dry or canned
Soups, Stews & Chili with Meat
Nutritious Kid's Snacks — whole grain crackers & granola bars

Toiletries

Shampoo, Conditioner, Soap or Liquid
Body Wash, Lotion, Feminine
Products
Laundry Detergent, Toothpaste,
Toothbrushes, Deodorant, Razors

Clothes

Men's and children's clothing – all sizes
Shoes (all types)

Other:

Empty prescription/vitamin pill
bottles with screw-on lids
Plastic or paper grocery bags (for
clients to carry items home)
13-gallon drawstring garbage bags
(for client clothing)
Ziploc bags (for toiletries)
Bottled Water

ICM has been serving the Valley since 1983 with food, clothing, toiletries, diapers, and more! (Furniture is NOT accepted.) An ICM box is located in POP's room 12 to receive your donations. Please drop off items only during business hours, Monday-Thursday, 9 a.m. - 4 p.m. when access is available to the room. DO NOT leave items outside or in the parking lot.

Sun Screen Update

by Beth Schneider

With the arrival of summer, more time is spent outdoors. The importance of using sunscreen to prevent sunburn is well publicized. In Phoenix, which averages 299 sunny days annually, it is important to use sunscreen all year. The Food and Drug Administration (FDA) regulates sunscreen as an over-the-counter drug. In 2014, the Sunscreen Innovation Act was enacted to provide an alternative process for the review of the safety and effectiveness of nonprescription sunscreen's active ingredients. In February 2019, the FDA proposed new regulations for over-the-counter sunscreen products in the areas of ingredients, formulation and labeling to keep up with the latest scientific and safety information. Final regulations will be issued after the comments received have been analyzed. Generally, the new regulations have been well received



shows that sunscreen may be purchased in any number of formulations. Sprays, oils, lotions, creams, gels, butter, ointments and sticks have been found to be effective and may continue to be sold. Other formulations such as powder, wipes, towelettes, body washes, etc., require additional testing and must go through the approval process as new drugs. The process entails extensive testing.

All sunscreen has an SPF number which measures protection from UVB rays. UVB rays cause sunburn and skin cancer. Previously these numbers ranged from 15 to 50. Under the new regulations, 50 will be increased to 60. SPF does not measure how well the sunscreen protects against UVA rays, which also cause skin damage. Products which claim to be broad spectrum protect against both UVB and UVA rays. The American Academy of Dermatology recommends using a broad spectrum sunscreen with SPF of 30 or higher. Products with higher SPF numbers only provide extra protection if used correctly.

Under the new regulations, two ingredients currently used, zinc oxide and titanium dioxide, are still considered safe and effective. Therefore, manufacturers may continue to use them. However, the FDA determined that it lacked sufficient information regarding the effectiveness of 12 ingredients and one ingredient was declared not to be safe and effective. Before products using these ingredients can be marketed, further research is required, and the products containing them must be submitted for approval as new drugs.

The sunscreen section at your local Target, Walgreen's, CVS, etc.

Perhaps of most use to consumers is the regulatory provision specifying new labeling requirements. Active ingredients will have to be listed on the front of the container. Information on SPF factors, broad spectrum, and water resistance must be presented in a way that is easily understood by consumers. The regulatory process takes time. However, look for new packaging next summer.



Roses to...

- ◆ Tracy Fish & Suzy Steinmetz for serving on Altar Guild in June.
- ◆ Angela Sherrill, Pastor Rick, Audrey Cox & Tyler Wagner for being amazing adult leaders for our youth trip to RockNWater!
- ◆ Nicole Hilden, Susan Robinson & Pastor Rick for serving as adult leaders at Campformation this summer!
- ◆ Beth Schneider for the many many years she has written the wellness column for *The Messenger* and kept us informed about current issues!

Thank You, RockNWater Sponsors!

Special thanks to all who donated to our RockNWater Sponsorship program! Your support meant so much and has allowed all the youth listed below to experience an amazing faith-filled adventure!

- Bonnie Rockwood
- Ilene Darland
- Judy Edmondson
- Mary & Harry Quinsler,
- Arlene Michaelson
- Suzy Steinmetz
- Elaine Zapfel
- Creedon family
- Eckrote family
- Lidmans
- Martha Weld
- Peter & Cathie Westby
- Lindsey & Scott Smidlein
- Beth Schneider
- Steven & Kyrrha Wacker
- Jan Beebe
- Mark & Ginny Wooden, Nancy & Scott Stevens
- Laurie Peterson & Earl Fuchs
- Allen Quie & Jim Taylor
- Paul & Nan Nelson
- Dave & Janet DeJonge

Monthly Attendance and Revenue Report

as of May 31, 2019

	May 2019 (4-week month)	May 2018 (4-week month)
Monthly Attendance	608	607
Monthly Offering	\$29,454	\$46,673
Monthly Offering Budget	\$29,014	\$25,907
Variance	\$440	\$20,766

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CHILL Youth Group- 9 am Worship- 9:30 am Coffee Fellowship- 10:45 am		PRESCHOOL SUMMER CAMP Monday-Friday Library- 10 am Knitting Group- 1 pm	PRESCHOOL SUMMER CAMP Monday-Friday	Independence Day Church Office & Preschool Closed		Quilters- 9 am
Worship- 9:30 am Prayers for Healing Coffee Fellowship- 10:45 am	Grant's Partners- 7 pm	Mary & Martha- 9:30 am Library- 10 am Knitting Group- 1 pm	PRESCHOOL SUMMER CAMP Monday-Friday Elderberries at US Egg- 11:30 am	Pastor Rick's Open Office Hours- 10 am to noon		Quilters- 9 am
CHILL Youth Group- 9 am Worship- 9:30 am Prayers for Healing Coffee Fellowship- 10:45 am	August Newsletter Deadline	Library- 10 am Knitting Group- 1 pm	PRESCHOOL SUMMER CAMP Monday-Friday	Pastor Rick's Open Office Hours- 10 am to noon		Quilters- 9 am
Worship- 9:30 am Coffee Fellowship- 10:45 am		Library- 10 am Knitting Group- 1 pm	PRESCHOOL SUMMER CAMP Monday-Friday			Quilters- 9 am
CHILL Youth Group- 9 am Worship- 9:30 am Coffee Fellowship- 10:45						

JULY 2019
AA, nightly, 5:30-6:30 p.m., Arcadia Room 12
Survivors of Suicide,
2nd & 4th Wednesdays, 7-9 p.m. Room 1, AMA Pod



We are so excited for the opening of our Infant and Toddler program at Prince of Peace. We are starting a volunteer program to help with the infant and toddler rooms. We are looking for volunteers, to read stories, help with classroom needs and of course hold some babies.

Infant and Toddler Care Volunteer Application

Name: _____ Phone Number: _____

Address: _____

City: _____ State: _____ Zip: _____ Over the Age of 18: _____

Email: _____

Days of the Week Available to Volunteer			
Day	Time Slot		
Monday	9 –10:30	10:30- Noon	1-2:30
Tuesday	9 –10:30	10:30- Noon	1-2:30
Wednesday	9 –10:30	10:30- Noon	1-2:30
Thursday	9 –10:30	10:30- Noon	1-2:30

Volunteer Class – Must attend a class before you can become an approved volunteer	
Wednesday June 26 at 11:00 am:	_____
Sunday June 30 at 11:00 am:	_____
Sunday August 11 at 11:00 am:	_____
Wednesday August 14 at 11:00 am:	_____

Please bring proof to your Volunteer Class:

1. Fingerprint Clearance Card : <https://fieldprintarizona.com/>
2. Whooping cough Immunization
3. TB Screening
4. Seasonal Influenza Vaccine (during flu season Sept-April)

Please return you application to Angela Sherrill either in the Preschool office or by email:
angela@popphoenix.org